



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Philip Seimenis**

Has successfully participated & completed the  
**42km The Spar Knysna Forest Marathon**  
held at Knysna.

**TIME 04:33:37**

**PACE 06:30/km**

**GENDER 200 of 563**

**OVERALL 253 of 834**

**40+ 57 of 161**

08 July 2023, Sat

Date



*BoutTime*

Signature

